

BOOK LIST

ELEMENTARY

Books and related resources can help you and your child with words to describe your experience, and to learn about grief and ways to cope. Stories about others can also help kids feel less alone with what has happened to them.

Books About Grief

(Books that give information about death, the grieving process, emotions and/or coping skills)

- What Happens When Someone Dies? A Child's Guide to Death and Funerals by Michaelene Mundy
- Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss by Michaelene Mundy
- When Someone Dies: A Children's Mindful How-To Guide on Grief and Loss by Andrea Dorn
- Grief is a Mess by Jackie Schuld
- When Dinosaurs Die: A Guide to Understanding Death by Laurie Krasny Brown and Marc Brown
- Why Do I Feel So Sad? by Tracy Lambert
- A Kid's Book About Grief by Brennan Wood
- What Does Grief Feel Like? by Korie Leigh
- The Cloud by Kate Hauser
- More than Sad by Laura Camerona
- Death is Stupid by Anastasia Higgenbotham

Stories About Grief

(Books that talk about grief that others have experienced, may include education as well)

- The Edge of Everywhere by A.S. Mackey (Parents' death, faith-based)
- What Do You Do? When The Life of a Loved One Has Come to an End by Everly Cade (Brother's death in early childhood)
- Remembering Ethan by Leslie Newman (Brother's death)
- Forever Connected by Jessica Correnti (Sibling's death)
- My Sibling Still by Megan Lacourrege (Miscarriage or infant death)
- My Brother in Heaven by A.C. Babbitt (Miscarriage)
- Right as Rain by Lindsey Stoddard (Brother's death, chapter book)
- Mockingbird by Kathryn Erskine (Brother's death, chapter book, main character has autism)
- I Don't Have an Uncle Phil Anymore by Marjorie White Pellegrino (Uncle's death after medical problems)
- Saying Goodbye to Uncle Joe by Nancy Loewen (Uncle's death after medical problems)
- In Grandpaw's Pawprints by Lauren Mosback (Grandfather's death after medical problems)
- Always Remember by Cece Ming (Death of an older person)
- The Invisible String by Patrice Karst (Could be loss or separation anxiety, focus is on absence, uncle in heaven mentioned)
- Ida, Always by Caron Levis and Charles Santoso (Polar bear loses a friend to illness)
- Badger's Parting Gifts by Susan Varley (Animal group loses a friend)
- Bridge to Terabithia by Katherine Paterson (Friend's death, chapter book)
- The Thing About Jellyfish by Ali Benjamin (Friend's death, chapter book)
- RIP Corey: My Friend Died and it Sucks by Chris Buchanan and Susan Hughes (Friend's death, graphic novel)

Interactive Books

(Journals, activity books, and workbooks)

- After a Death: An Activity Book for Children by the Dougy Center
- What Color Are Tears? A Grief and Loss Interactive Workbook by Marianne Vandewalk
- The Cloud - A Workbook For Grieving Hearts by Kate Hauser
- When Someone Dies: A Family Activity Book by the National Alliance for Children's Grief
- Help Me Say Goodbye: Activities to Help Kids Cope When a Special Person Dies by Janis Silverman
- Why Did You Die? Activities to Help Children Cope With Grief and Loss by Erika Leeuwenburgh
- Someone Close to Me Died: A Children's Workbook About Grief by Hollie Whaling
- Grief Journal For Kids by Hope Lovgren
- Someone I Love Has Died by Catherine and Jenny Stephenson
- How I Feel: Grief Journal For Kids by Mia Roland

Other Resources

(Websites, podcasts, etc)

- Dougy Center Resources for Kids
<https://www.dougy.org/resources/audience/kids> (podcasts, tip sheets, grief-related activities)
- National Alliance for Children's Grief family portal
nacg.org/family-portal (information sheets about supporting grieving kids)
- Sesame Street in Communities: Grief
<https://sesameworkshop.org/topics/grief/> (videos, activities, and tip sheets)
- Kids Grief <https://www.kidsgrief.ca/> (Tip sheets and activity booklets, based in Canada so some information is slightly different)
- Rainbows for All Children
<https://rainbows.org/resources/death/> (Tip sheets, podcast links and related information for death and non-death losses)
- Winston's Wish <https://winstonswish.org/> (Information, resources and support line for children and families, UK based)

